

Health Office/Coordinator - Reminders for camp:

All medications sent to camp, prescription (Rx) or over-the-counter (OTC), including cold/allergy meds, nasal sprays, herbals, oils, vitamins, holistic, homeopathic, etc., must be accompanied by a physician-signed Medication Authorization Form EXCEPT those on the back of the pink Health Form. As long as a parent checks 'Yes' on the pink form, then we can administer that OTC.

We can use the medical authorizations that the school has on file for asthma inhalers and Epi-Pens as long as they are signed by a physician within the past calendar year. We do not usually allow students to carry their own inhalers, even if they do so at school. However, if a parent insists, they must send 2 inhalers to camp in case one is lost, and provide the “permission to carry” on file.

We cannot accept or administer any international medication.

All medication, Rx, OTC, and otherwise, must come in their original containers. No baggies, pill boxes, Tupperware, or pills mixed in a single prescription bottle.

All unauthorized medication will be returned to the school.

If possible, please send medications in a box or bag that can be closed (avoid plastic/paper grocery bags), as we have medications for multiple schools here.

Students must be free of fever or vomiting for 24 hours before coming to camp. It's OK for them to come a day or two late.

The Medical Authorization Forms, pink Health Forms, and Meal Accommodation Forms should arrive to our site no later than 2 weeks in advance of student arrival. We understand that forms trickle in. You can fax Medical & Meal forms directly to the Health Center at 760-765-9947 (late pink forms should still be faxed to 760-765-3001).

If you anticipate Special Needs Students attending camp: those with diabetes, with seizures, with aides, needing special accommodations, etc., please e-mail or call us well in advance, even if you do not have any paperwork. Note that students coming with Diastat (for seizures) must be accompanied by trained personnel who will be at camp for the duration of the student's stay.

Thank You!

Your Camp Cuyamaca Health Center Staff,
Sue Whitaker RN – susana.whitaker@sdcoe.net
Cindy Gross, Health Tech
Julie Mallon, Health Aide
Phone: 760-765-4110
FAX: 760-765-9947