

PACKING LIST

Please use this list when packing the items your child will need for their outdoor school experience.

1. Pack everything your child brings in one suitcase or duffle bag, plus one bedroll. Please, do not tie the items to one another.
2. Weather at Cuyamaca can vary greatly. Items listed below with an asterisk (*) are absolutely necessary.
3. Don't purchase new clothing unless its needed. Comfortable, old clothing is fine.
4. Bunk beds and mattresses are provided in heated cabins. A lightweight sleeping bag will suffice.
5. Stamps are not available at the site. Packing stamped, pre-addressed postcards or envelopes is recommended.



LABEL ALL ITEMS WITH YOUR CHILD'S NAME

BEDDING & LINENS

- * (1) Sleeping bag or (2-4) blankets and sheets
- * (2) Bath towels (large)
- * (2) Washcloths
- * (1) Pillow

TOILETRIES

- * (1) Toothbrush
- * (1) Toothpaste
- * (1) Bar Soap (in plastic container)
- * (1) Comb or brush
- (1) Kleenex (packet)
- * (1) Chapstick
- * (1) Shampoo (unscented)
- * (1) Sunscreen (unscented lotion only)

CLOTHING

- * (1) Heavy jacket
- * (1) Heavy sweatshirt
- * (2 pair) Tennis shoes or hiking shoes
- * (4 pair) Long pants (no capris)
- * (4) T-shirts
- * (4) Long sleeve shirts
- * (4) Underwear
- * (6-8 pair) Socks
- * (1) Baseball cap or hat
- (1) Belt
- * (1) Pajamas
- (1) Bathrobe

EQUIPMENT

- * (1) Water bottle, with a strap (or camelback). Label with name
- (1) Camera (disposable). Label with name
- (1 or 2) Laundry bag
- (1) Leisure reading book
- (1) Stamped postcards (pre-addressed)

WINTER ITEMS (November to April)

- * (1 pair) Rain boots or (6) bread bags to go over socks and under shoes
- * (1) Raincoat with hood, or rain poncho
- * (2 pair) Gloves or mittens
- (1) Scarf
- * (1) Beanie

WARM WEATHER MONTHS

- * (4) Short sleeve shirts
- (2) Shorts (worn on campus only)
- * (1) Light jacket or hoodie sweatshirt

FRAGRANCE FREE CAMP: Out of concern for persons with asthma, allergies and other respiratory problems the use of perfumes, colognes, essential oils, other scented products and all aerosol and pump spray products is prohibited.

DO NOT BRING THE FOLLOWING ITEMS

Items on this list will be confiscated and given to a staff member from your school.

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| Money
Candy, gum or food of <u>any</u> kind
Flashlights
Knives or hatchets
Matches, lighters or fire starters
Hair dryers or curling irons | Makeup
Jewelry
Personal electronic devices such as phones, games and media players.
Watches
Expensive cameras |
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Cuyamaca Outdoor School is not responsible for lost, damaged or stolen property. Please leave valuable items at home.