



# Santee School District

## SCHOOLS:

Cajon Park  
Carlton Hills  
Carlton Oaks  
Chet F. Harritt  
Hill Creek  
Pepper Drive  
PRIDE Academy  
at Prospect Avenue  
Rio Seco  
Sycamore Canyon  
Alternative  
Success Program

Dear Parent or Guardian:

California law, *Education Code* Section 49452.8, now requires that your child have a dental check-up by May 31 in either kindergarten or first grade, whichever is his or her first year in public school. If your child has had a dental checkup in the last 12 months, the requirement is met as well.

Take the attached Oral Health Assessment/Waiver Request form to the dental office, as it will be needed for your child's check-up. If you cannot take your child for this required assessment, please indicate the reason for this in Section 3 of the form. **Please send the completed form to the Health Office at your school.**

California law requires schools to maintain the privacy of students' health information. Your child's identity will not be associated with any report produced as a result of this requirement.

You may also choose to visit the following websites for dentists who take Denti-Cal and Healthy Families insurance plans: <http://www.denti-cal.ca.gov> or <http://www.healthyfamilies.ca.gov/hfhome.asp> . For additional resources you may contact the public health department at (619) 441-6500.

Remember, your child's dental health is important:

- Take your child to the dentist twice a year.
- Choose healthy foods for the entire family. Fresh foods are usually the healthiest foods.
- Brush teeth at least twice a day with toothpaste that contains fluoride.
- Limit candy and sweet drinks, such as punch or soda. Sweet drinks and candy contain a lot of sugar, which causes cavities and replaces important nutrients in your child's diet. Sweet drinks and candy also contribute to weight problems, which may lead to other diseases, such as diabetes. The less candy and sweet drinks, the better!

If you have questions about the oral health assessment requirement, please contact Kathleen Emery at 258-2360 or Patty Ortiz at 258-2358.

Sincerely,

*District Nurse*  
Santee School District

BOARD OF EDUCATION • Dustin Burns, Dianne El-Hajj, Ken Fox, Elana Levens-Craig, Barbara Ryan  
DISTRICT SUPERINTENDENT • Kristin Baranski, Ed.D.

Educational Resource Center • 9619 Cuyamaca Street • Santee, CA 92071-2674 • (619) 258-2300 • [www.santeesd.net](http://www.santeesd.net)