

KINDNESS CALENDAR

Random Acts of Kindness performed by _____

1 Write a "Thank You" note	2 Bring in a can of food or a toy for a donation	3 Make food for your family	4 Bring an extra snack to share with a friend	5 Cheer someone up with a kind word or joke	6 Smile and say "Hello" to your classmates	7 Pick up litter on the playground
8 Invite a new friend to play	9 Thank your parents and tell them you love them	10 Draw a picture for a friend	11 Donate a book to the library	12 Thank your teacher for all that they do	13 Give tons of high fives	14 Give a smile-a-gram to a friend
15 Leave a friendly note in a library book	16 Make and send a "Get Well Soon" card	17 Help the teacher without them asking	18 SMILE at everyone you see today	19 Hold the door open for someone	20 Write a letter to a friend	21 SMILE at a stranger
22 Offer a hug to someone who needs it	23 Call a family member on the phone	24 Let someone else go first in line	25 Do a chore for someone in your family	26 Teach a friend something you are good at	27 Give lots of compliments	28 Vow to continue being kind always