School Entry Health Checkup Requirement

Early and regular **health checkups** can find, prevent, and treat many health problems before they become serious. That is why California has a **law** that says all children **must** have a health checkup within **18 months before first grade or up to 90 days after starting first grade**. Your child must also have certain immunizations, or shots, for school. Your doctor will be able to check your child's immunization record and see what shots are needed during the health checkup. Your doctor will complete this form and you need to return to your child's school.

If you are not able to pay for this checkup, please call Maternal Child and Family Health services to find out if your child is eligible for a health checkup at no cost and for ongoing medical and dental insurance.

1-800-675-2229

PART I – TO BE FILLED OUT BY THE PARENT/GUARDIAN

CHILD'S NAME: Last	First	Middle Initial
Birth Date (MM/DD/YYYY)	School	
ADDRESS – Number, Street	City	Zip

☐ I want the medical provider to complete **Part II only**.

PART II – TO BE FILLED OUT BY THE MEDICAL PROVIDER

Tests and Evaluations			Date of Exam	MEDICAL PROVIDER INFORMATION
Height _____ inches	Weight _____ lbs _____ ozs	BMI Percentile _____%		
Health/Development History				Name, Address, and Telephone Number:
Physical Examination				
Nutritional Evaluation				
Vision Screening				
Audiometric Screening				
Blood Test for Anemia				
Urine Dipstick/Urinalysis				
Dental Screening				/
Tuberculin (TB) Skin Test/Risk Assessment				Signature of Medical Professional / Date

DOES CHILD HAVE A COMPLETED AND UPDATED YELLOW CALIFORNIA IMMUNIZATION RECORD? ☐ **Yes** ☐ **No**

PART III – TO BE FILLED OUT BY THE MEDICAL PROVIDER

Other health information (optional): For child's welfare and with the permission of the parent or guardian, it is recommended that significant health information be shared with the school. *Please contact the school nurse if child needs help with medication at school.*

☐ Parent requests Part III not to be filled out
☐ The examination revealed no conditions of importance to school or physical activity.
☐ Conditions that need further evaluation or that can affect school or physical activity are (please explain below)

WAIVER OF MEDICAL EXAMINATION

I have been told about the medical examination recommended by health professionals and required by State law. I have also been told where and how my child can receive medical examinations at no cost, if such assistance is needed.

__ **I do not want** my child to receive a medical examination
__ **I do want** my child to receive a medical examination, **but I am unable to get it because** _____

_____ _____
Signature of Parent or Guardian *Date*

County of San Diego, Health and Human Services Agency, 3851 Rosecrans St., Ste. 522, San Diego, CA 92110
For more information, please call (619) 692-8808

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