

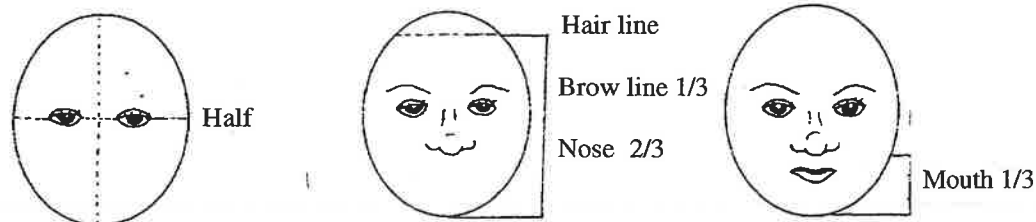
# Self Portrait – Who am I?

Grade 3

## Self-Expression Lesson

### Concepts:

1. A self-portrait is a portrait of yourself created by yourself.
2. Great artists throughout history have been painting portraits of themselves.
3. A self-portrait shows how we see ourselves.
4. A guideline for drawing a face is:
  - a. The head is egg shaped.
  - b. The eyes are  $\frac{1}{2}$  way from the top of the head to the chin.
  - c. The hair line is  $\frac{1}{8}$  from the top to the chin.
  - d. The brow line is  $\frac{1}{3}$  from the hair line to the chin.
  - e. The nose line is  $\frac{2}{3}$  from the hair line to the chin.
  - f. The mouth is  $\frac{1}{3}$  from the nose to the chin.
  - g. The ears are even with the top of the eyes.



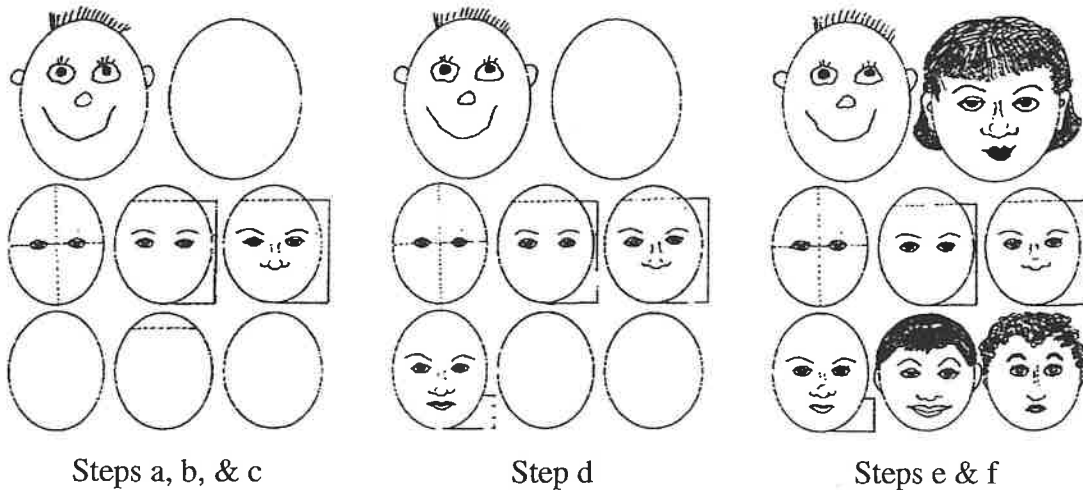
5. When working in watercolors remember:
  - a. More water with a little paint makes a lighter, less intense color.
  - b. More paint with a little water makes a brighter, more intense color.
  - c. Using too much water will cause the paint to run.

### Materials:

12" x 18" white paper, worksheet with ovals, pencils, erasers, watercolors, colored pens, water cans, brushes, sponges.

## Procedure:

1. Provide a worksheet (included) with ovals drawn on it for each student. There are two larger ovals at the top of the paper. Before you start giving instructions, instruct the students to draw a face in the upper left hand oval. This is so that they can compare how they draw faces before and after the exercise.



- a. Draw a line through the first small oval down the center lengthwise and across the center widthwise. Draw the eyes at the half way mark. The distance between the eyes is the width of one eye. Remember to draw eyelids and eyelashes.
  - b. In the next oval, draw the eyes again, and draw the hair line  $\frac{1}{8}$  from the top to the chin. Make a bracket out to the side from the hair line to the chin. Divide it into thirds. Draw the eyebrows  $\frac{1}{3}$  of the way down from hair line to the chin.
  - c. In the next oval, draw the eyes, eyebrows, and the nose, which is  $\frac{2}{3}$  down from the hair line to the chin.
  - d. Draw a bracket from the nose to the chin and divide it into thirds. The mouth is  $\frac{1}{3}$  down from the nose to the chin.
  - e. The top of the ears are even with the eyebrows. Practice two faces in the last two ovals, adding the ears.
  - f. Now draw in the large oval at the top. Try to remember all that you have learned.
3. "Today our self-portraits are going to portray more about us than how we look. Our portraits are not going to just show who we are, but who we want to be, who we would like to become." Motivate a discussion. Ask: "Who am I in my daydreams? Who do I most want to be? Am I a princess, a scientist, a teacher, a dancer, a rock star, a musician, a stunt man, an animal trainer, an airplane pilot, a famous football player? What would I wear?" Discuss how you need to use the space around the portrait to give more information to explain who you are.
  4. Draw the portrait. Keep the figure large. Put in interesting details to explain the portrait.

5. Paint with watercolors.

